

STRENGTHFINDERS: CAPITALIZE ON PROFESSIONAL STRENGTH

OBJECTIVE:

Help participants learn about their individual strength capacity and how to leverage this information to create best opportunities and applications in the workplace.

STRATEGY:

StrengthsFinder® is Gallup's online assessment of your five most powerful strength themes. The Internet-based StrengthsFinder® Profile is the product of a long-term extensive research and application effort to identify the most prevalent human strengths. The program introduces 34 dominant "themes" with thousands of possible combinations. This program reveals how to translate your strengths into personal and career success. This workshop incorporates lecture, self-assessments, group exercises, role-plays, and coaching in a fun and relaxed atmosphere. Participants walk away from the session with practical tools that can be immediately applied to their individual work situations, as well as a vision of the powerful productivity possible in a team that recognizes and leverages all team members' strengths.

PREWORK:

Completion of **StrengthFinders** Assessment Tool

PARTICIPANTS WILL LEARN:

- A deep and rich common language of each person's unique strengths and talents
- How to value, work with and leverage the strengths of others.
- To increase productivity and efficiency by aligning an individual's strengths and talents to particular team tasks.
- To supply a common framework to better understand and manage communication
- How to increase better problem solving
- To identify individual and team assets and potential blind spots
- To increase resiliency, customer satisfaction and lower turnover by being fully engaged

Each participant will have hands-on opportunities to practice all skills and techniques. They will receive coaching throughout the session and an evaluation of their strengths / areas for improvement.

TARGET AUDIENCE

This workshop is designed for teams, individuals, and leaders wanting to understand and leverage their strengths and the strengths of others.

LENGTH OF SESSION: ONE-DAY AND HALF DAY WORKSHOPS AVAILABLE

Contact Barbara Ann Sharon Chief Learning Officer
basharon@trainingedge.com 610.454.1557 www.trainingedge.com